

# Healthier Lives at School & Beyond

## School-based Telehealth Program

### Minor Medical Care

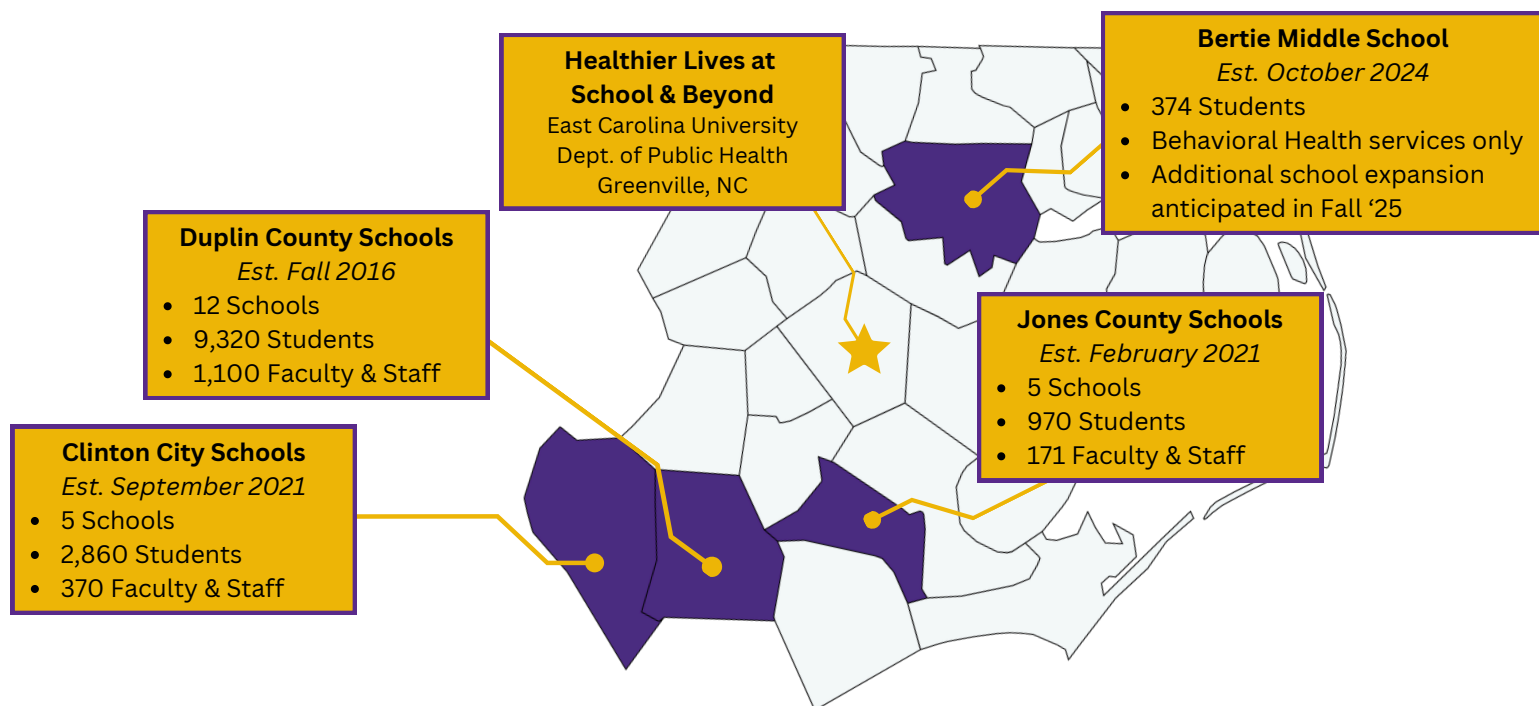
Sore throat  
Earache  
Sinus infection  
Flu symptoms

### Nutrition Education

Healthy eating  
Chronic disease management  
Increasing physical activity  
Food insecurity

### Behavioral Health

ADD/ADHD  
Depression  
Anxiety/stress  
Grief



**5,577**

telehealth encounters  
completed since 2018



**352**

school health assessments  
provided to students  
at-risk of expulsion



**838,250**

minutes of instructional  
time saved for students



**>330,000**

miles of patient  
travel saved

For more information, visit: [healthierlives.ecu.edu](https://healthierlives.ecu.edu)



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